

Postmenopausal Health

Joint RCOG/BMS Meeting

Wednesday 30 – Thursday 31 March 2011

PROGRAMME

Wednesday 30 March

8.45am REGISTRATION AND REFRESHMENTS

Session I: **Cultural Issues, Training, Management**

Chair: Mr Nick Panay, Consultant in Obstetrics and Gynaecology, Queen Charlotte's & Chelsea and Chelsea & Westminster Hospitals

9.15am **Welcome and 'Menopause Training for the Modern Trainee'**
Mr Nick Panay

9.30am **Menopause: genuine condition or cultural expression?**
Miss Joan Pitkin, Consultant in Gynaecology and Lead for Urogynaecology and Menopause
Honorary Senior Lecturer Faculty of Medicine, Imperial College and Associate Medical Director

10.10am **Is there a future for the menopause CNS?**
Claire Bellone PgDip, Clinical Nurse Specialist, Menopause and PMS, Chelsea and Westminster Hospital, London

10.25am **Is there a future for the GP with an interest in menopause?**
Dr Sarah Gray, Primary Care Lead for Women's Health NHS, Cornwall and Isles of Scilly

10.40am **Q&A**

10.50am **Conservative HRT prescribing: medico-legal prudence or paranoia?**
Dr Leroy Edozien, Consultant in Obstetrics and Gynaecology, St Mary's Hospital, Manchester

11.20am REFRESHMENTS

Session II: **Premature Ovarian Failure (POF) and Perimenopause**

Chair: Miss Joan Pitkin

11.50am **POF: An international database to optimise care**
Dr Katherine Maclaran, Clinical Research Fellow, Queen Charlotte's and Chelsea Hospital, London

12.20am **Ageing ovaries: are infertility clinics missing an opportunity for primary prevention?**
Mr Michael Savvas, Consultant in Gynaecology, King's College Hospital, London

12.50pm **The Perimenopause: balancing contraceptive with HRT needs.**
Mr Ali Kubba, Consultant in Community Gynaecology, Guy's and St Thomas' NHS Foundation Trust, London

1.20pm LUNCH

Session III: **Pathophysiology of Menopause**

Chair: Mr David Sturdee, Consultant in Gynaecology, Solihull Hospital

- 2.20pm **Vaginal laxity and urogenital prolapse: how should they be managed?**
Professor Linda Cardozo, Professor of Urogynaecology and Consultant in Gynaecology, King's College Hospital, London
- 2.50pm **Androgen replacement: genuine deficiency or pharma company profiteering?**
Mr Nick Panay
- 3.20pm *REFRESHMENTS*

Session IV: **Pathophysiology - continued**

Chair: Professor Linda Cardozo

- 3.50pm **Aetiology of menopause symptoms: has understanding progressed in 30 years?**
Mr David Sturdee
- 4.20pm **Oestrogens are appropriate first line therapy for certain types of depression in women**
Professor John Studd, Professor of Gynaecology, London
- ASK THE PANEL**
- 5.00pm **Anything not clear on day 1?**
Mr Nick Panay, Professor John Studd, Mr David Sturdee and Professor Linda Cardozo
- 5.20pm *CLOSE*

Thursday 31 March

- 9.00am *REFRESHMENTS*

Session V: **Cardiovascular and Systemic Disease**

Chair: Dr Mahesh Perera, Consultant Gynaecologist, Glasgow Royal Infirmary

- 9.30am **Is there a role for gynaecologists in coronary disease prevention?**
Professor Peter Collins, Professor of Clinical Cardiology, Royal Brompton Hospital, National Heart and Lung Institute, Imperial College, London
- 10.00am **Primary prevention of CHD with HRT: has the wheel turned fully?**
Dr John Stevenson, Consultant and Metabolic Physician and Reader, National Heart and Lung Institute, Royal Brompton Hospital, London
- 10.30am **What are the genuine medical contraindications to HRT?**
Dr Mahesh Perera
- 11.00am *REFRESHMENTS*

Session VI: **Endometrium, Bone, Breast**

Chair: Dr John Stevenson

- 11.30am **How I manage bleeding problems in the perimenopause**
Dr Eddie Morris, Consultant in Gynaecology, Norfolk and Norwich University Hospital

12.00pm **Management of osteoporosis: a change of direction for the National Osteoporosis Society?**
Professor Roger Francis, Chair of the National Osteoporosis Society Clinical and Scientific Committee; Consultant Physician, Bone Clinic, Freeman Hospital, Newcastle upon Tyne

12.30pm **Why do most health professionals and women think HRT causes breast cancer?**
Ms Jo Marsden, Consultant in Breast Surgery, King's College Hospital, London

1.10pm *LUNCH*

Session VII: Cognition, Practical Management

Chair: Mr Tim Hillard, Consultant in Obstetrics and Gynaecology and Associated Medical Director, Poole General Hospital

2.00pm **Does HRT prevent cognitive decline?**
Mr Anthony Mander, Consultant in Gynaecology, BMI Hospital, Rochdale and Nuffield Manor Hospital, Oxford

2.30pm **Optimising management of the symptomatic menopausal patient**
Dr Sarah Gray

3.10pm *REFRESHMENTS*

Session VIII: HRT and Alternatives

Chair: Mr Anthony Mander

3.30pm **HRT: any true advances since WHI?**
Mr Tim Hillard

4.10pm **Highly selective therapies: are we any closer to the magic bullet?**
Professor Janice Rymer, Dean of Undergraduate Medicine and Professor of Gynaecology, Guy's and St Thomas' Hospital, London

4.40pm **Complementary Therapies: do they work?**
Dr Claudine Domoney, Consultant in Obstetrics and Gynaecology, Chelsea and Westminster Hospital, London

ASK THE PANEL

5.10pm **Anything not clear on day 2?**
Mr Nick Panay, Mr Anthony Mander, Professor Janice Rymer, Mr Tim Hillard and Dr Claudine Domoney

5.30pm *CLOSE*